

# MOVIES, MOVEMENT & MEANING

January 30 and March 13

## Spiritual Cinema and Transformational Movement with Roger Sams/Dancing Paradox

Film is one of the most powerful modalities we have for telling stories in our culture. We come together to explore the themes of short spiritual films offering stories that inspire us, challenge us and help us to know ourselves more honestly. We combine the inspiration of these powerful films with discussion and transformational movement. We'll explore the themes presented in the films by asking ourselves the questions that the characters in the stories must ask themselves. We'll take our questions and insights on to the sacred dance floor and into our bodies with ecstatic dance that builds upon the themes of the films. The triad of storytelling through film, discussion and movement meditation offers possibilities for opening awareness and inviting transformation into our lives. Come ready to open your mind and your heart to inspiration and the wisdom of the body. No ecstatic dance experience is required. The dance will be structured in a way that supports all, regardless of experience.

**Saturdays, January 30 and March 13, 2010**

**Film and Discussion at 7:00 p.m. -- FREE!!!!**

**Transformational Movement**

**Immediately Following for \$20**

**or one punch on your Dancing Paradox punch card.**

Minimum 6 participants. Maximum 18 participants.

Pre-Registration is strongly encouraged.

If fewer than six participants have pre-registered five days before the event it will be cancelled.

For more information, or to pre-register, email Roger at

[rogersams@mac.com](mailto:rogersams@mac.com) or call (216)476-0583.

Our exploration is led by **Roger Sams, MA.** Roger travels throughout the US leading seminars for music and movement educators and spiritual retreats for those interested in touching God through the arts. He has taught at The University of Montana, The University of St. Thomas, The University of Wisconsin and Cleveland State University. He trained in Gestalt theory at the Gestalt Institute of Cleveland and has studied diverse modalities of dance and movement prayer. Roger served on the National Board of Trustees of the American Orff-Schulwerk Association, and frequently publishes in journals for music and movement educators.



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